

Saturday's FREE Inspiring & Uplifting Programme

10am **Opening Ceremony with Barbara Meiklejohn-Free on the Stage**

	Stage	Room 1	Room 2	Room 3
11am	<p>Yoga Demonstration Waisum Chan Be inspired by the outstanding strength and beauty of Wai Sum Chan's Infinite Chi Yoga. The grace and fluidity of her movements are truly exceptional.</p>	<p>Unlocking the Power of your Dreams Davina MacKail <i>Author, Dream Expert, Shamanic Coach & Healthy Living Expert</i> Discover your dreaming genius, how it works, the purpose of dreams and why your dreams have powerful creative potential.</p>	<p>The Wisdom of the Body: Shapeshift 5 Rhythms Dance Dawn Morgan <i>5 Rhythms Dance Teacher,</i> The wisdom of a holistic approach to transformation and presence that works with a system that is rooted in body awareness.</p>	<p>Three Steps to Spiritual Ascendance for Everyone Michael Roland <i>Author of Soulbaby: A Spiritual Odyssey</i> Learn the Three Steps to True Spirituality and the one most important Essential Secret that no one talks about.</p>
12pm	<p>Laughter Yoga Charlotte Eaton <i>Laughter Yoga Facilitator</i> Free laughter yoga taster session. Mentally relaxing, physically energising, emotionally uplifting. No yoga ability required. All welcome. Feel amazing.</p>	<p>Mind Detox for Health and Wealth Sandy Newbigging <i>Creator of the Mind Detox Method</i> During this fun and enlightening talk, Sandy will share how you can heal the mental and emotional causes of physical conditions, emotional issues, and life problems.</p>	<p>A Course in Miracles – A Path to Peace Cheryl Ford <i>A Course in Miracles and Pathways of Light</i> This talk will introduce students to <u>A Course in Miracles as a spiritual path.</u></p>	<p>Intro to Inner Engineering Praveen Atmakur <u>Facilitator for Inner Engineering programme</u> An intensive program for personal growth. The program and its environment establish the possibility to explore the higher dimensions of life and offers tools to re-engineer one's self through the inner science of yoga.</p>
1pm	<p>Jason Chan demonstrates the grace of Infinite Tai Chi & Chi Kung on the Stage Experience the dynamic fusion of tai chi and chi kung by a true master of these arts. Enjoy the graceful flow of Infinite Tai Chi and the incredible power of Infinite Chi Kung.</p>			
1.30 pm	<p>.African drumming extravaganza with Sarah Westwood & the Drumvoice Orchestra on the Stage</p>			

2 – 2.45p m	Pilates <i>Lulu Filces</i>	Trance-Formational Magic <i>Ursula James</i> <i>Visiting Teaching Fellow, Oxford University Medical School</i> Ursula James teaches you how to use the power of hypnosis to access magical states and to transform your life.	How to dream your wishes into being! <i>Cate Mackenzie</i> <i>International Love Coach.</i> Come and experience a cosmic and magical journey into the essence of who you are. Open to your visions, download them into your heart and manifest them.	Becoming a Radiant Warrior <i>Jason Chan</i> <i>International Tai Chi & Chi Kung Master</i> Learn how to transform yourself from an anxious normal human being into a fearless Radiant Warrior. Experience for yourself inner peace and joy with a true spiritual master. Open your heart and mind to infinite love and light and discover the bliss of dwelling in the present moment. £8 entrance – THIS WORKSHOP IS LIKELY TO SELL OUT. PRIOR BOOKING RECOMMENDED.
3 – 3.45p m	Living in Love with Cate Mackenzie <i>Modern Day Love Goddess</i> – You are Love! Come and connect with YOU!	Cosmic Live-Food Experience <i>Marketa Rozsypalova</i> <i>Raw Living Food Chef & Expert</i> Discover all about the magic & health benefits of raw living foods!	Quantum Laughter – a joyful approach to life <i>Joe Hoare</i> <i>Facilitator, Healer & Optimist.</i> Laughter stimulates your body, emotions, mind, spirit, your ability to give and receive love, your connectedness. Come and learn how	
4 – 4.45p m	Didgeridoo Music <i>Sam Bloomfield</i>	The Shaman Within <i>Barbara Meiklejohn-Free</i> <i>Renowned Highland Seer, Singer & Drummer</i> Drawing on her extensive work with the Native American Indians and other indigenous cultures, ‘ <i>The Highland Seer</i> ’, introduces you to your ‘Shaman Within’.	‘Being an Energy Being.....Living in Awareness’ <i>Angela Goff</i> Explore and experience the true self, your Beingness. An experiential talk; .Move into the energy body and experience life as it unfolds without attachment, need or expectation.	Introduction to Psychophonetics: tools for self awareness, management and transformation <i>Yehuda Tagar</i> <i>Founder of Psychophonetics & director of Persephone College UK</i> Psychophonetics is a therapeutic modality engaging the deep intelligence of body awareness, expressive movement, spontaneous visualisations and the sounds of human speech.
5pm (Stage) Performance by Karmafree Positive, spiritual, awakening, self help, new age, affirmation music. (either day)				

**Festival Party! At 7pm on Saturday at St Columba Hall in Moseley Village,
Corner of Chantry Rd / Alcester Rd, B13 8DJ - £7 entrance
'Sounds Divine' Evening with Barbara Meiklejohn-Free & Katie Rose**

Sunday's FREE Inspiring Talks Programme

Stage:

10am **Opening Gong Ceremony with Sundar Singh**

	Stage	Room 1	Room 2	Room 3
11am	<p>Celtic Harp Music <i>Alison Eve</i> On The Beating Of Her Wings. A journey through the weave of life and love with Ali's evocative vocals and uplifting harp playing. Expect angels!</p>	<p>Raw Magic <i>Kate Magic</i> <i>Raw Food Pioneer & Celebrity</i> Changing your diet can create quantum shifts in your life. Detoxing and realigning with raw foods and superfoods can heal the body, mind and heart and enable us to be fully present to our own magical selves.</p>	<p>The Healing Codes <i>Jack & Anne Stewart</i> <i>Healers & Spiritual Teachers</i> Six minutes to heal any health, success or relationship issue. 'The Greatest healing discovery since medicine'</p>	<p>NESHealth – 'Information and Energy control Biology' <i>Valerie Wride</i> <i>Certified local NES Health practitioner</i> An explanation of this revolutionary scanning system and its treatment, using drops 'encoded' with Information. Including a live demonstration scan.</p>
12pm	<p>Chants & Songs for Mother Earth <i>Barbara Meiklejohn-Free</i> <i>Renowned Highland Seer, Singer & Drummer</i> Barbara sings uplifting shamanic chants and songs for Mother Earth</p>	<p>The Alchemy of Voice <i>Stewart Pearce</i> <i>World Renowned Sound Healer & Voice Alchemist</i> Discover how you can release your unique potential through the signature note of your being - the 'Song of your Soul'. With Sonic Meditations Stewart will bring you to the core of your being and through the experience of your 'song' radiant vibrations will heal any Chakra imbalances, and connect you with transcendent corridors of light.</p>	<p>Light your lifebulb and laugh out loud <i>Charlotte Eaton</i> <i>Laughter Yoga Facilitator</i> Free laughter yoga taster session. Mentally relaxing, physically energising, emotionally uplifting. No yoga ability required. All welcome. Feel <u>amazing.</u></p>	<p>Biodanza – fully embrace life <i>Barbara Osborne</i> A vitalising, fun method of transformation using music and specific exercises of freestyle dance. It strengthens personal identity while developing one's ability to be more in tune with one's self, and affectively with the whole of life.</p>
1pm	Richard Keogh 'Angelman' – Angel Healing & Music on the Stage			

2pm	<p>Uplifting Music <i>Julianne Bastock</i></p>	<p>The Seven Levels of Initiation <i>Maggy Whitehouse</i> <i>Author, Minister, Mystic & Inspiration Speaker</i> The seven levels of the Tree of Life are survival, instinct, community, individuation, truth, spirit and Divinity. They are our roots, trunk, branches, leaves, flowers and fruit. If we can hold all seven levels in balance we will be happy, fulfilled and of service to both the world and the Universe.</p>	<p>Reclaiming Happiness <i>Nicola Phoenix</i> <i>Psychologist, Yoga Teacher & Author</i> Learn how to embrace the true authentic self, and how to live every moment aligned with it.</p>	<p>Connect to your inner joy with Transformational Breath® <i>Andria Falk</i> <i>Transformational Breath® Trainer and Facilitator</i> An opportunity to understand and experience how Transformational Breath® can enhance your wellbeing and reconnect you with your inner joy!</p>
3pm	<p>Songs of Love, Inspiration and Beauty <i>Kavi Jizzie Hockaday,</i> Kavi will play 'Songs of Awakened Consciousness' with his guitar, raising the frequency and spreading a message of love</p>	<p>Expanding Your Awareness & Sharing It With Others <i>Anthony John</i> <i>Founder of the 'City of Light'</i></p> <hr/> <p>Understanding the City of Light Project and its 'Experiential Education' Programme to Expand Your Multidimensional Consciousness Towards Enlightenment...</p>	<p>Consciousness Revolution: The Way of the Feminine <i>Harun Rabbani</i> <i>Author, broadcaster and Revolutionary</i> What is the truth behind Earth's future and how do we transform our individual and collective destinies?</p>	<p>Making the Impossible Look Impossibly Possible <i>Kevin Laye</i> <i>Author, Therapist and Internationally acclaimed trainer</i> Kevin will discuss and demonstrate what seem to be impossible healings in an impossibly rapid time. This will be awesome!</p> <hr/>
4pm	<p>Belly Dancing <i>Val Rainbow</i></p>	<p>Radical Awakening – The Key to a Life of Freedom <i>Amoda Maa Jevan</i> <i>Author, Speaker & Teacher of Awakened Consciousness</i> Be inspired to awaken to your inner radiance, dare to step into your greatness and become an active agent of change.</p>	<p>Rosemarie Sellers <i>Ayurvedic Nutrition and Well Being</i> <i>Therapist for Women</i> Discover how Ayurveda and Emotional Logic can enhance the physical, emotional and spiritual well-being of women going through menopause</p>	<p>How to Balance & Align Chakras <i>Balbinder Johal</i> Learn how to balance and align you're your charkas for improved health & well-being.</p>
5pm (Stage) Closing Celebrations with Barbara Meiklejohn-Free				
The next Tree of Life Festival will be on 22 & 23 October 2011				
<i>'The Tree of Life Festivals touch people's hearts, open their minds & awaken their spirits. They uplift people's vibrations, support conscious living and radiate with love, light & joy.'</i>				